

BCACC RESOURCE LIBRARY

April 2009

The BC Association of Clinical Counsellors has developed a resource base at Head Office. The following items are available for loan to RCCs (*new additions are denoted with an arrow and are in bold type*).

Video Cassettes and DVDs

Acute Traumatic Stress: Pragmatic Intervention for the Counsellor, Speaker: Tony Snelgrove, Ph.D. (Vancouver Regional meeting 04/97)

BC Institute on Family Violence, Speaker: Dr. Jill Hightower (Vancouver Regional meeting 06/96)

Closer to Home, Speaker: Bill Moyers on Addiction (PBS TV program)

Ethics and the Helping Profession, Speaker: Dr. Max Uhlemann

Family Therapy, Speaker: David Freeman (2 Tape Series)

Focusing Oriented Therapy, Speakers: Shirley Turcotte, Anne Poonwassie (2005) (On Video and DVD – 4 Series)

Multiple Personalities (TV Special on W5)

One Hit Leads to Another

The Psycho-Immunology of Cancer, Speaker: Dr. Bill Nelems (09/97) (2 Tape Series)

The Importance of Research for Family Theory and Therapy Conference (2004)

Spiritual Direction & Psychotherapy, Speaker: Shiella Fodchuk

Throwaway Children (2 Tape Series)

Till Death Do Us Part New Clinical Perspectives on Divorce & Remarriage, Speaker: Susan Gamache

To a Safer Place

Trauma, grief and loss: A transpersonal perspective, Speaker: Colin Mallard

Working With Trauma: Clinical assumptions, interventions, and outcome goals, Speaker: Jessica Easton

Inquiry Committee Training Videos

Complaint, Investigation and Resolution, Presenter: George Bryce, Legal Counsel (2 Tape Series)

Boundary Issues in Professional Relationships, Speaker: Dr. Gary Schoener (On Video and DVD – 4 Series). Dealing With Sexual Misconduct & Other Boundary Violations.

Ethical Case Scenarios, Speaker: Dale Beyerstein, Professor in Ethics and Philosophy at Langara College

Ethical Workshop, Speaker: Jean Pettifor (2 Tape Series)

Traumatic Body Memory, Speaker: Susan Farling

Documents and Reports

Adult Children of Incest and Child Abuse -- Repression vs. Dissociation: Structural Distinctions

Balancing Conflicting Interests: A Counsellor's Guide to the Legal Process, Maureen McEvoy and Gayla Reir

Child Custody Assessment Guidelines, (Psychologists Association of Alberta)(1995)

Children As Storytellers, Carol Martin & John Allan (1995)

Code of Ethical Conduct and Standards of Clinical Practice for Registered Clinical Counsellors, (compiled February 2004; amended March 2004).

Courtproofing for Therapists: A Workshop with Maureen McEvoy, (Sept 2000)

Dissociative Phenomena

Managing Clients' Requests for Validation of Delayed Memories of Childhood Abuse

Duty to Report, George K. Bryce, Legal Counsel (1999)

Protecting Counsellor-Client Confidentiality, George K. Bryce, Legal Counsel (1999)

Establishing the Playing Field: The Legislative Framework, Robert W. Hunter. Regulation of Professionals and Disciplinary Hearing: a practical course.

Guilty as Charged: Sentencing for Professional Misconduct, Terrence L. Robertson, Harper Grey Easton & Dr. Lawrence P. Rossoff (College of Dental Surgeons of BC)

Hanging Together or Hanging Separately: Facing the Dilemma of Colleagues Charged with Implanting False Memories, Judith A. Peterson, Ph.D. and Martha C. Dean, Ph.D.

Informed Consent & Release of Information Models

Interim Report of the Working Group on Investigation of Memories of Childhood Abuse, (American Psychological Association)

Municipal Business License and Zoning Requirements, George K. Bryce, Legal Counsel (1996)

Questions and Answers about Memories of Childhood Abuse, (American Psychological Association)

Symptom Clusters in Victims of Chronic Trauma and Abuse

War Trauma Symptoms

Books (alphabetically, by title)

The 48 Laws of Power. Robert Green, (1998)

A*bnormal Psychology*, Timothy W. Costello and Joseph T. Costello. Comprehensive outline in easy-to-use narrative format, supplements major textbooks, fully indexed, recommended bibliography.

Abnormal Psychology: Revised Sixth Edition (textbook), Davison Neale (1996)

About Men & Women, Tad Guzie and Noreen Monroe Guzie. How your “Great Story” shapes your destiny.

Addiction to Perfection: The Still Unravished Bride, Marion Woodman (1982). “This book is about taking the head off an evil witch.” With these words Marion Woodman begins her spiral journey, a powerful and authoritative look at the psychology and attitudes of modern woman.

Adult Children of Alcoholics, Janet Geringer Woititz, Ed.D.

Adult Development and Aging, Marion Perlmutter and Elizabeth Hall

Ageless Body, Timeless Mind: The quantum alternative to growing old, Deepak Chopra (1993)

Alchemical: Active Imagination, Marie-Louise von Franz. Working with the text of Gerhard Dorn, an alchemist and physician of the sixteenth century, von Franz presents alchemy as a therapy of the soul.

Alchemy: An Introduction to the Symbolism and the Psychology, Marie-Louise von Franz. Designed as an introduction to Jung’s more detailed studies, and profusely illustrated, here is a lucid and practical account of what the alchemists were really looking for – emotional balance and wholeness.

Alcoholic Family, Peter Steinglass, MD Provides us with the first family systems model that charts the developmental course of alcoholism, laying the research groundwork for clinical assessment and intervention.

All I really Need to Know I learned in Kindergarten: Uncommon thoughts on common things, Robert Fulghum (1986)

An Analysis of Human Sexual Inadequacy, Jhan and June Robbins. Masters and Johnson’s revolutionary experiments with men and women in overcoming sexual problems – through laboratory–controlled sessions of physical contact and lovemaking.

An Analysis of Human Sexual Response, Ruth & Edward Brecher. The boldest experiment in human sex and research.

The Analytic Encounter: Transference and human relationship, Mario Jacoby (1984). A study that addresses transference in the psychotherapeutic relationship.

Animus and Anima, Emma Jung (1957), two essays by Emma Jung.

Anorexia Nervosa: A Guide for Sufferers and their Families, R.L. Palmer.

The Anxiety & Phobia Workbook (Revised Second Edition), Edmund J. Bourne (1995) “...A practical and comprehensive guide offering help to anyone who is struggling with panic attacks, agoraphobia... or other anxiety disorders.”

Archetypes and the Collective Unconscious, C.G. Jung, translated by R.F.C. Hull

The Art of Breathing: Thirty simple exercises for improving your performance and well-being, Nancy Zi (1986). “Thirty progressive exercises, specific applications of what you have learned, and mental imagery drills teach you the chi yi method of controlled breathing.”

Art of Helping, Robert R. Carkhuff.

The Art of the Psychotherapist, James. F.T. Bugental (1987). How to develop the skills that take psychotherapy beyond science.

Aspects of the Feminine, C.G. Jung (1982), “a range of articles and extracts from Jung’s writings on marriage, Eros, the mother, the maiden and the anima/animus.”

Attention Deficit Hyperactive Disorder: Three Perspectives on Attention Disorders, Elin Horton. Notes from Elin Horton’s presentation to Region 4 in February 2002.

Becoming: Basic Considerations for a Psychology of Personality, Gordon W. Allport. A distinguished psychologist outlines here the need for a psychology of becoming, of growth and development of personality.

Becoming a Psychotherapist: A clinical primer (second edition), Rosemary Marshall Balsam, Alan Balsam (1984). Addresses key issues for therapists, including the different stages of therapy, setting up an office, and transference issues.

Betrayal of Innocence: Incest and its devastation, Susan Forward, Craig Buck (1978). “Susan Forward presents twenty-five case histories ranging from father and daughter, mother and son, siblings, grandfather and granddaughter, mother and daughter, to father and son.”

Between Parent & Child, Dr. Haim G. Ginott (1961). Offers a direct, fresh, and easily understood method of getting through to your child and winning his heart. It is designed to establish a relationship of mutual responsibility, love and respect.

The Bible and the Psyche: Individuation symbolism in the Old Testament, Edward F. Edinger (1986). “This... study links a body of literature known and revered for well over two thousand years with a psychological process that has gained recognition only in the twentieth century through the work of C.G. Jung.

Body and Soul: The other side of illness, Albert Kreinheder (1991). “Informed by the author’s personal experience of cancer, arthritis and tuberculosis over many years, *Body and soul* is unique.... It is essentially a feeling-intuitive approach to physical illness, dramatically illustrating the symbolic attitude, individuation and active imagination with the body.”

Body-Centred Psychotherapy, Ron Kurtz (1968), the Hakomi Method.

Born to Win: Transactional Analysis with Gestalt Experiments, James and Jongeward. This book will help the reader increase his awareness of the real power he has to direct his own life, to make decisions, to develop his own ethical system, to enhance the lives of others, and to understand that he was “born to win”.

Boundaries of the Soul: The Practice of Jung’s Psychology, June Singer (1953)

Bowen Family Systems Theory, Daniel V. Papero

Broken Boys/Mending Men: Recovery from Childhood Sexual Abuse, Stephen D. Grubman-Black (1990). Insight, hope, and encouragement on how to begin the healing process for survivors, parents, and teachers.

Building On Strength: Improving Governance and Accountability in Canada’s Voluntary Sector, Final Report (1999)

Calling the Circle: The first and future culture, Christina Baldwin (1994). “The circle is an ancient form of gathering... Author Christina Baldwin introduces a structure for calling the circle and exploring its potential to empower us in our ordinary lives.”

Career/Lifeskills Resources Catalogue (2008). From Career/Lifeskills Resources Inc., this catalogue contains resources and assessment tools for career/work counsellors and human resource professionals, including: MBTI, Personality Dimensions, True Colors, Strong Interest Inventory, and more.

Case Studies in Abnormal Behavior, Robert Meyer (1983). A collection of contemporary and classic cases that brings the field of abnormal psychology to life for students with its rare combination of readability, humor, and strong scholarship.

Challenge of the Heart: Love, sex, and intimacy in changing times, John Welwood (ed.) (1985). A collection of essays that “approach the challenge of intimacy with bravery and gentleness, inspiring the reader toward becoming a ‘warrior of the heart’.”

Change of Life: A Psychological Study of Dreams and the Menopause, Ann Mankowitz. The purpose of this book is to maintain a psychological focus on one menopausal woman's experience and what she learned about herself by paying close attention to her dreams.

The Changing Family Life Cycle, Betty Carter, Monica McGoldrick (1989). A framework for family therapy (2nd edition).

Changing With Families: A Book About Further Education for Being Human, Richard Bandler, John Grindler and Virginia Satir

Character Analysis, Wilhelm Reich. This third, enlarged edition includes all the previously published material as well as a new section expounding Reich's later discoveries.

Characterological Transformation: The Hard Work Miracle, Stephen M. Johnson. Integrates object relations theory, ego psychology and character analytic approached to provide a new understanding of human behavior and character development.

Child Abuse Trauma: Theory and Treatment of the Lasting Effects, John N. Briere

Child Development: Infancy through Adolescence, Alison Clarke-Stewart and Susan Friedman

The Child, the Family, and the Outside world, D.W. Winnicott (1964)

Child Sexual Assault, A manual sponsored by the West Vancouver Policemen's Association.

Children As Storytellers, Carol Martin and John Allan (1995). On how to link children's natural storytelling ability to academic success and emotional well-being.

Circle of Care: Clinical issues in Jungian therapy, Warren Steinberg (1990). "Transference and countertransference phenomena, including an overview of Jung's ideas, are presented with clarity and precision."

Circle of Stones, Judith Duerk (1989)

Client Rights in Psychotherapy and Counselling, Susan Beamich, Michelle Anderson and Marilyn Oladimeji. Handbook produced by the Clients Rights Project – a community based coalition between Feminist Advocates for Counselling Ethics (FACE) and Women's Counselling Referral and Education Centre (WCREC).

Clues to Suicide, An investigation edited by Edwin S. Shneidman & Norman L. Farberow, Foreword by Karl A. Menninger, MD

Co-Dependence: Misunderstood-Mistreated, Anne Wilson Schaef. Discusses the impact her new theory will have on the field of mental health, chemical dependency, family therapy, and the women's movement. The she traces the history and development of the concept of co-dependence and discusses its often confusing, overlapping definitions.

Co-Dependency: An Emerging Issue, A compilation of different authors.

Codependent No More – How to Stop Controlling Others and Start Caring for Yourself, Melody Beattie (1987). An expert guide to achieving serenity for Codependents who want to take care of themselves.

Coma: The dreambody near death, Arnold Mindell (1989). "Process oriented and Jungian analyst Arnold Mindell illustrates how we can communicate with comatose individuals..."

Coming Back to Life: The After-Effects of the Near-Death Experience, P.M.H. Atwater (1988). Based on extensive interviews with over two hundred near-death survivors and thousands of their friends and relative, Atwater examines the major positive and negative after-effects which survivors experience.

Compassion and Self-Hate, Theodore Isaac Rubin, MD (1975). This wise and compassionate self-help book can help you break negative mental and emotional patterns and build a stronger sense of well being and self-understanding.

Conjoint Family Therapy, Virginia Satir. This new edition incorporates fifteen more years of the author's experience, techniques, and models.

Connecting with Self and Others, Sherod Miller, et al. (1992). "Connecting will help you... increase your awareness of self..., skills for sending and receiving messages..., options for building relationships."

Consulting Process in Action, Gordon Lippitt & Ronald Lippitt

Contract Cohabitation: An alternative to marriage, Edmund L. Van Deusen (1974)

Conversation, Language, and Possibilities: A postmodern approach to therapy, Harlene Anderson (1997). "[This book] forges surprising links between postmodern theory and collaborative clinical practice. In this framework, human systems are viewed as systems of language and communication."

Coping With Teenage Depression: A Parents' Guide, Kathleen McCoy (1982). Shows parents how to prevent the depression that commonly underlies so called normal teenage rebellion.

The Couple Who Became Each Other: And Other Tales of Healing from a Hypnotherapist's Casebook, David L. Calof with Robin Simons

Courage in Both Hands, Allan A. Hunter (1962). Dramatic stories of real men and women who accomplished more than they believed they could.

The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse, Ellen Bass & Laura Davis. An inspiring, comprehensive guide that offers hope and encouragement to every woman who was sexually abused as a child – and those who care about her.

The Courage to Heal Workbook.

Crystal Visions: Nine Meditations for Personal & Planetary Peace, Diane Mariechild

Crystal Woman: The Sisters of the Dreamtime, Lynn V. Andrews. Represents the beginning of a new circle of learning for medicine woman Lynn Andrews.

Current Psychotherapies, 3rd Edition, Raymond J. Corsini and Contributors

*The **D**ance of Anger: A Woman's Guide to Changing the Patterns of Intimate Relationships*, Harriet Goldhor Lerner (1986). A helpful guide to understanding and reducing anger in close relationships.

The Dance of Intimacy, Harriet Goldhor Lerner (1989). A woman's guide to courageous acts of change in key relationships.

Death: The final stage of growth, Elisabeth Kubler-Ross (1975)

Depression and the Body: The biological basis of faith and reality, Alexander Lowen (1972), "shows how we can overcome depression by activating dormant life forces and by training mind and body to respond as keenly as a finely tuned instrument responds to a virtuoso."

A Dictionary of Symbols, J. E. Cirlot

Different Drum: Community Making and Peace, M. Scott Peck, MD A profound and powerful new book, which challenges us to take another journey in self-awareness: to achieve, through the creative experience of community, a new "connectedness" and wholeness which, in turn, can be shared by all the peoples and nations of the world.

Dilemmas, Gilbert Ryle. Grasps philosophical problems at the critical stage when they are just casting off their connections with everyday life, just about to launch on their long academic flight, and that it attempts to deal with them then and there, before they can become airborne.

Doing Contextual Therapy: An integrated model for working with individuals, couples, and families, Peter Goldenthal (1996). "... for many clinicians, [Contextual Therapy] has been a mystery. *Doing Contextual Therapy* is designed as a workshops between covers to remove this mystery."

Don't: A woman's word, Elly Danica (1990). "... the story of a fighter who, through the writing of this book, discovered within herself the strength to survive and triumph over the horror of incest and sexual exploitation."

Don't Help: A Positive Guide to Working with the Alcoholic, Ronald L. Rogers & Chandler Scott McMillin

Don't Push the River (it flows by itself), Barry Stevens (1970), "the first person account of the author's use of Gestalt Therapy and the ways of Zen, Krishnamurti, and the American Indian to see herself more clearly."

Dr. Ruth's Guide to Good Sex, Dr. Ruth Westheimer (1983)

Drama of the Gifted Child: The Search for the True Self, Alice Miller

The Dream Workbook, Jill Morris (1985). Discover the knowledge and power hidden in your dreams.

The Dreambody in Relationships Embracing the Beloved: Relationship as a path of awakening, Arnold Mindell (1987). "... a look at the mystery of relationships and at ways whereby we might unravel it and be happier with one another."

Dreams, C.G. Jung, translated by R.F.C. Hull

Dreams: God's Forgotten Language, John A. Sanford. This revised edition of classic exploration of the psychological and spiritual significance of dreams draws on the work of C.G. Jung to show how dreams can help us find healing and wholeness and reconnect us to a living spiritual world.

Dreams and Healing: A Succinct and Lively Interpretation of Dreams, John A. Sanford. A detailed and comprehensive examination of dreams by following the courses of the series of dreams of a young university student and a middle-aged woman.

DSM-IV Options Book: Work In Progress. 9/1/91, Task Force on DSM-IV. American Psychiatric Association.

E*go and Archetype*, Edward F. Edinger. Here is a remarkably lucid synthesis of C.G. Jung's basic ideas.

An Elementary Textbook of Psychoanalysis, Charles Brenner, MD

Embracing the Beloved: Relationship As A Path Of Awakening, Stephen and Ondrea Levine (1995)

EMDR: The breakthrough therapy for overcoming anxiety, stress, and trauma, Francine Shapiro, Margot Silk Forrest (1997)

The Emotional Incest Syndrome: What to do when a parent's love rules your life, Patricia Love with Jo Robinson (1991). "This book describes a syndrome known as emotional incest, a surprisingly common but rarely identified style of parenting in which parents turn to their children, not to their partners, for emotional support."

Emotional Intelligence, Daniel Goleman (1995). "The groundbreaking book that redefines what it means to be smart."

The Encyclopedic Handbook of Private Practice, Eric A. Margenau, Ph.D., editor

Ended Beginnings: Healing childbearing losses, Claudia Panuthos, Catherine Romeo (1984). “a holistic healing program aimed at mind, heart, body, and soul...”

An End to Innocence: Facing life without illusions, Sheldon Kopp (1981), “by losing our childhood innocence without losing the ability to trust, we can shed old behaviour patterns and learn to live on our own as adults.”

The Essential Ken Wilber: An introductory reader, Ken Wilber (1998). “... contains brief passages from [the author’s] most popular books, ranging over a variety of topics, including levels of consciousness, mystical experience, meditation practice, death, the perennial philosophy, and Wilber’s integral approach to reality.”

The Essential Partnerships, Stanley Greenspan, Nancy Thorndike Greenspan (1989). How parents and children can meet the emotional challenges of infancy and childhood.

Ethnicity and Family Therapy: Second edition, Monica McGodrick, Joe Giordano, John K. Pearce (1996). “...revised and expanded to encompass the broad range of cultural influenced encountered in clinical practice today.”

Evaluation and Treatment of Marital Conflict, Philip J. Guerin, Jr., Leo F. Fay, Susan L. Burden, & Judith Gilbert Kautto (1987)

Eve: The history of an idea, John A. Phillips (1984). “Phillips’ study of the myth of Eve in Western religious history demonstrates a pervasive need in Judaism, Catholic and Protestant Christianity, Islam, and even Gnosticism to scapegoat women for the origin of evil...”

Experience & Education, John Dewey (1938). A clear and concise statement by the twentieth century’s most influential philosopher of education.

Experience Has Taught Us 175 Missing Pieces: An Explorer's Guide; Developing a Handbook on Life Book One, Neil Douglas-Tubb, RCC

Experience Has Taught Us 175 Missing Pieces: An Explorer's Guide; Developing a Handbook on Life Book One, Second Edition, Neil Douglas-Tubb, RCC

Experience Has Taught Us: Searching for the Willingness to Change; The First Five Steps, Neil Douglas-Tubb, RCC

Eye Movement Desensitization and Reprocessing, Francine Shapiro (1995). Basic principles, protocols and procedures.

F*acing Death*, Robert E. Kavanaugh. Here is a new look at our unrealistic attitudes toward dying. It shows that a growing awareness of what we hope to achieve in life can bring peaceful resignation when death approaches.

Failures in Family Therapy, Sandra B. Coleman, ed. Family therapists present a series of unsuccessful clinical cases.

Fairy Tales in Psychotherapy: The Creative Use of Old and New Tales, Erich Franzke. This book describes methods of using fairy tales and their psychotherapeutic influence.

Families & Family Therapy, Salvador Minuchin. Combines vivid clinical examples, specific details of technique and mature perspectives on both effectively functioning families and those seeking therapy.

Family Based Services: A solution-focused approach, Insoo Kim Berg (1994). “By applying the principles of brief, solution-focused therapy to family-based services, social service workers can deliver treatment that is cost-effective, humane, and empowering to families.”

Family Constellation: Its effects on personality and social behavior, Walter Toman (1974). “...offers more than sixty prevailing types of relationships between siblings, spouses and children, vis-à-vis parents...”

The Family Crucible: One family's therapy – an experience that illuminates all our lives, Augustus Y. Napier with Carl A. Whitaker (1985)

The Family: A Revolutionary Way of Self-Discovery, John Bradshaw. Focuses on the dynamics of the family, how the rules and attitudes learned while growing up become encoded within each family member.

Family Therapy in Clinical Practice, Murray Bowen, MD

Family Therapy Techniques, Salvador Minuchin, H. Charles Fishman (1981)

Feeding the Hungry Heart: The Experience of Compulsive Eating, Geneen Roth (1982). How to overcome emotional hungers that lie behind secret food binges and obsessions.

Feminine Psychology: Previously uncollected essays, edited and with an introduction by Harold Kelman, MD, Karen Horney (1973). “In this collection of papers, many previously unavailable in English, [the author] brings to the subject of femininity her acute clinical observations and a rigorous testing of both her own hypotheses and those formulated by Freud.”

Femininity Lost and Regained, Robert A. Johnson. (1990). “explores the loss of feminine energy in modern culture and its devastating impact on personal lives.”

Feminist Family Therapy: A Case Book, Cheryl Rampage, Barbara Ellman and Kris Halstead. Through the case example, the authors most tellingly reveal how gender role stereotypes constrict the desires, behaviors, and development of all family members.

Final Analysis: The making and unmaking of a psychoanalyst, Jeffrey Masson (1990). “The first insider’s account of the endemic abuses that reach out to every analysis and to psychotherapy in general.”

Finding our Fathers: How a man's life is shaped by his relationship with his father, Samuel Osherson (1986). “... Harvard psychologist Samuel Osherson shows how a man’s ‘unfinished’ business with his father affects his relationships with his wife, children, friends, and boss – and how it can lead to a profound sense of loneliness, vulnerability, and rage.”

Fire in the Belly: On being a man, Sam Keen (1991)

Focusing, Eugene T. Gendlin (1978). “[a] technique of self therapy that teaches you to identify and change the way your personal problems concretely exist in your body.”

For Your Own Good: Hidden Cruelty in Child-rearing and the Roots of Violence, Alice Miller. A ground-breaking study of the origins of violence.

Freud and Beyond, Stephen A. Mitchell, Margaret J. Black (1995). A history of modern psychoanalytic thought.

Frogs into Princes: Neuro Linguistic Programming, Richard Bandler and John Grinder.

From Image to Likeness: A Jungian Path in the Gospel Journey, W. Harold Grant, Magdala Thompson and Thomas E. Clarke. Correlates Carl Jung’s psychological types with Gospel themes and Christian values.

From Psyche to System: The Evolving Therapy of Carl Whitaker, John R. Neil and David P. Kniskern eds.

Fundamental Statistics for the Behavioral Sciences, David C. Howell

Future of an Illusion, Sigmund Freud (1961)

G*ames People Play: The Psychology of Human Relationships*, Eric Berne, MD

Gender, Ivan Illich

Gestalt Therapy Verbatim, Frederick S. Perls (1992). An action approach to deepening awareness and living fully in the Here and Now, as experienced in workshops at Esalen Institute.

The Girl Within: A groundbreaking new approach to female identity, Emily Hancock (1989). "... examines female development in a way that is radical and at the same time immediately recognizable."

Goddesses in Every Woman: A New Psychology of Women, Jean Shinoda Bolen, MD. A breakthrough book, blends mythology and psychology to provide women with a new way of understanding their inner selves, life-roles and relationships.

A Good Enough Parent, Bruno Bettelheim (1988). A book on child rearing.

Group Counselling: Strategies and Skills, E. Jacobs, R. Harvill, R. Masson. (1988)

Group Development, Edited by Leland P. Bradford

Groups: Theory and Experience, 2nd Edition, Rodney W. Napier and Matti K. Gershenfeld

A Guide for the Perplexed, E.F. Schumacher

Guiding Free Expression in Children's Art, Helen Merritt

H*Harpur's Heaven and Hell*, Tom Harpur. In revising his most popular and provocative articles, Harpur has been able to speak more frankly than he could as a journalist. Yet even at his most outspoken, he writes as one who is himself in the midst of a spiritual pilgrimage. His subjects range from sexual morality to political activism in the churches, from current religious trends to matters of theology and faith, such as the problem of evil. Interviews with Mother Teresa and Jean Vanier, among others, and two popular series arising from his travels to the Arctic and the Holy Land, will interest readers of all religious convictions.

Healing and Wholeness, John A. Sanford

Healing the Addictive Mind, Lee Jampolsky, Ph.D. Divided into two parts, this book begins by offering an understanding of what addiction is and how it affects our lives. In the second section, daily lessons are presented that are designed to help us choose peace more consistently in our lives.

Healing Fiction, James Hillman (1983). "... Hillman's main analysis of analysis. He asks the basic question, 'What does the soul want?' With insight, humour, and lots of learning, he answers, 'It wants fictions that heal.' "

Healing Into Life and Death, Stephen Levine (1987). "Stephen Levine deals directly with the choice and application of treatment, offering original techniques for working with pain and grief."

Healing the Shame That Binds You, John Bradshaw. In an emotionally revealing way Bradshaw shows us how toxic shame is the core problem in our compulsions, co-dependencies, addictions and the drive to super achieve, resulting in the breakdown in the family system and our inability to go forward with our lives.

The Healing and Wholeness, John Sanford (1966)

The Helping Interview, Alfred Benjamin. The Helping Interview emphasizes genuine dialogue and the vision of the interviewer as empathic listener rather than a mere technician; examines in depth the uses and abuses of questions; recording the interview; new interviewing styles; physical conditions for the interview. Combines theory and practice with appealing and illuminating anecdotes; lists and explores the successful leads and responses.

The Helping Relationship: Process and Skills, Lawrence M. Brammer. The two keys to the helping process are the helper as a person and his skills. This book focuses largely on the helper's task of developing into a more aware and effective person.

Helplessness: On Depression, Development and Death, Martin E.P. Seligman. Helplessness presents Dr. Seligman's new theory of anxiety and depression, the result of a ten-year search for the causes and cures of these widespread disorders.

The Herder Symbol Dictionary, Translated by Boris Matthews (1988). Symbols from art, archaeology, mythology, literature, and religion.

Here I Am, Wasn't I! The inevitable disruption of easy time, Sheldon Kopp (1986). "There is no Nirvana without Samsara, no joy without sorrow."

Hilgard's Introduction to Psychology: 12th edition, R.L. Atkinson, R.C. Atkinson, E.E. Smith, D.J. Bem. S. Nolan-Hoeksema (1996)

The History of Sexuality: Volume I, an introduction, Michel Foucault (1980). "... a dazzling, iconoclastic exploration of why we feel compelled to continually analyze and discuss sex, and of the social and mental mechanisms of power that cause us to direct the question of what we are to what our sexuality is."

Home is Where we Start From: Essays by a psychoanalyst, D.W. Winnicott (1986)

Honest Business, A superior strategy for starting and managing your own business.

How to Live with Your Teenager, Peter H. Buntman, M.S.W., ACSW & Eleanor M. Saris, MEd (1979). A Survivor's handbook for parents.

Human Sexual Inadequacy, William H. Masters & Virginia E. Johnson. An authentic account of the physical reactions that occur when the human male and female respond to sexual stimulation.

I Come from Behind Kaf Mountain, Murat Yuagan (1984). The author's "spiritual autobiography."

I Don't Know what to Say, Robert Buckman (1988). How to help and support someone who is dying.

The I That Is We: Awakening to Higher Energies Through Unconditional Love, Richard Moss, MD

Ideas for Therapy with Sexual Abuse, Michael Durrant, Cheryl White (ed.) (1992)

The Illness That we Are: A Jungian critique of Christianity, John P. Dourley (1984). "Here is a thoughtful and comprehensive exploration of Jung's attitudes by Catholic priest and Jungian analyst."

In a Different Voice, Carol Gilligan (1982). Psychological theory and women's development.

Individuality in Pain and Suffering, Asenath Petrie. Valuable insights for researchers and practitioners in medicine, psychiatry, and behavioral sciences.

In the Middle of this Road We Call Our Life: The courage to search for something more, James W. Jones, (1995). "This is a beautiful exploration of the spiritual search as a way to answer our deepest longings and find our true selves."

Inner Work, Robert A. Johnson (1986). Using dreams and active imagination for personal growth.

Inner Work in the Wounded and Creative: The dream in the body, David Roomy (1990). "Pursuing networks of dreams and body signals and symptoms, he gains access to the organizing principles behind his subjects' lives..."

The Inner World of Choice, Frances G. Wickes, (1978). “Wickes analyzes how the inner development of the individual psyche is a function of a series of inner choices, conscious or unconscious, imposed on the individual by personal and collective experiences, from childhood traumas to universal archetypes.”

In Quest of the Mythical Mate: A Developmental Approach to Diagnosis and Treatment in Couples Therapy, Ellyn Bader, Ph.D. & Peter T. Pearson, Ph.D. In this highly innovative volume on the treatment of couples in therapy, the authors present a clear and exciting conceptual framework for understanding the evolution of the couple’s relationship as a dynamic unit.

Integrating Sex and Marital Therapy: A clinical guide, Gerald R. Weeks, Larry Hof (ed.) (1987). “... by integrating sex and marital therapy, the authors give therapists the opportunity to develop treatment programs that draw from several specific approaches to therapy, ranging from individual to interactional to intergenerational therapies.”

Internal Family Systems Therapy, Richard C. Schwartz (1995). “... illuminates how parts of a person can form paralyzing inner alliances resembling the destructive coalitions found in dysfunctional families, and provides straightforward guidelines for incorporating the IFS model into treatment.”

Interplay: The Process of Interpersonal Communication, Ronald B. Adler, Lawrence B. Rosenfeld and Neil Towne

Intimacy: The Essence of Male & Female, Shirley Gehrke Luthman. This extremely practical volume demonstrates how people can dig down into their inner selves, discover what they really think and feel and learn to become “themselves”.

The Intimacy Paradox, Donald S. Williamson (1991). Personal authority in the family system.

The Intimate Circle: The sexual dynamics of family life, Miriam Ehrenberg, Otto Ehrenberg (1988). “Over forty candid interviews with American family members. A four-part classification of family sexual types. Sex education for parents.”

The Intimate Hour, Susan Baur (1997). Love and sex in psychotherapy.

An Introduction to Jung’s Psychology, Frieda Fordham

The Invincible Partners, John A. Sanford (1980). How the male and female in each of us affects our relationships.

The Invisible Web: Gender patterns in family relationships, Marianne Walters, Betty Carter, Peggy Papp, Olga Silverstein (1988). “... this ground-breaking work is an excellent text for courses in family therapy and women’s studies, an invaluable guide for mental health practitioners, and an insightful read for anyone who wishes to explore the invisible web of gender patterns in families.”

Invitations to Responsibility: The therapeutic engagement of men who are violent and abusive, Alan Jenkins (1997)

Iron John: A Book About Men, Robert Bly

Jocasta’s Children: The imprint of the mother, Christiane Olivier (1989). “...an account of the development of masculinity and femininity at the deepest levels, an account which is rooted in the relationship between the developing child and its mother.”

Joining Together, David W. Johnson, Frank P. Johnson (1997). Group theory and group skills (6th edition).

Journal of a Solitude, May Sarton (1973). “...written to help the author through a personal depression.”

A Joyful Meeting: Sexuality in Marriage, Drs. Mike and Joyce Grace

Joy's Way: A Map for the Transformational Journey, W. Brugh Joy, MD An introduction to the potentials for healing with body energies.

Jungian Dream Interpretation: A Handbook of Theory and Practice, James A. Hall, MD Here is a comprehensive and practical guide to an understanding of dreams in light of the basic principles of Jung's Analytical Psychology.

The Jungian Experience: Analysis and Individuation, James A. Hall (1986). "This book is... addressed to three types of readers: 1) those considering entering Jungian analysis, 2) those already engaged in the Jungian experience, either as analysts or analysands, and 3) those therapists of other theoretical backgrounds who wish to better understand the clinical application of the classical Jungian approach."

Jung's Typology, Marie-Louise von Franz

The Kingdom Within, John A. Sanford. (1970). The inner meaning of Jesus' sayings.

Knowing Woman: A Feminine Psychology, Irene Claremont de Castillejo. "A richly alive inquiry into the psychology of women by a noted Jungian psychologist."

Kundalini: The mother power, Sri Chinmoy (1974)

The Leader as Martial Artist: An introduction to deep democracy, Arnold Mindell (1993). "This groundbreaking examination of conflict resolution and leadership by the creator of process-oriented psychology combines the insights of Eastern philosophy, modern physics, and Jungian psychology to present a new way of looking at human interaction."

Leadership and the New Science: Learning about organization from an orderly universe, Margaret J. Wheatley (1994). "... how the new science provides equally powerful insights for transforming how we organize work, people, and life."

Leaving my Father's House: A journey to conscious femininity, Marion Woodman with Kate Danson, Mary Hamilton, Rita Greer Allen (1992). "Using the Grimms' fairy tale 'Allerleirauh' as an archetypal road map, Woodman outlines the landmarks found in every person's journey to inner wholeness..."

Let Your Body Interpret Your Dreams, Eugene T. Gendlin (1986). "...bodily responses can indicate the steps for interpreting a dream."

Life Goes On: Losing, letting go and living again, Gail Boulanger. Gail Boulanger draws on academic research and personal and professional experience to demystify the uncomfortable process of adjustment that accompanies difficult change.

The Life we are Given (audiobook), George Leonard, Michael Murphy (1996). A long-term program for realizing the potential of body, mind, heart, and soul.

Living in the Chinks, Albert E. Moorman

Living in Sin: A Bishop Rethinks Human Sexuality, John Shelby Spong. Bishop Spong proposes a pastoral response based on scripture and history to the changing realities of the modern world.

Living When a Loved One Has Died, Earl A. Grollman. With simple compassion, Earl Grollman leads those who are grieving through emotional turmoil to a new hopeful life. Gently, straightforwardly, he helps us confront the death of a loved one and then to go on living.

Living With Grief when Illness is Prolonged, Kenneth J. Doka with Joyce Davidson (1997)

Love, Honor & Negotiate, Betty Carter, Joan K. Peters (1996). Building partnerships that last a lifetime.

The Magic of Conflict: Turning a life of work into a life of art, Thomas F. Crum (1987). “Illustrated with evocative, instructive photographs and real-life experiences, the Aiki method helps the reader master conflicts and turn frustration into fulfillment.”

Magical Child, Joseph Chilton Pearce (1977). Challenging just about every notion we have about child-rearing, the author shows how we can raise children capable of learning everything – by rediscovering the astonishing capacity for creative intelligence that is built into human genes.

Magical Child Matures, Joseph Chilton Pearce (1976). Pearce reveals his fascinating journey toward a personal discovery of Self. He dramatically demonstrates what is at the heart of virtually all the serious social and psychological problems we face today – and he shows us how understanding Nature’s astonishingly magnificent process can literally change our world.

Males at Risk: The Other Side of Child Sexual Abuse, Frank G. Bolton, Jr. Larry A. Morris, Ann E. MacEachron (1989)

Man and His Symbols, Carl G. Jung (1964)

Man’s Search for Meaning: Revised and updated, Viktor E. Frankl (1984). The author writes about his experiences in a concentration camp, which led him to found logotherapy.

A Manual on Nonviolence and Children, Compiled and Edited by Stephanie Judson, Foreword by Paula J. Paul.

Mapping the Moral Domain, Carol Gilligan, Janie Victoria Ward, Jill McLean Taylor, with Betty Bardige (ed.) (1988). “A contribution of women’s thinking to psychological theory and education.”

Marriage Dead or Alive, Adolf Guggenbuhl-Craig (1987). “This Swiss bestseller examines marriage against the background of individualism, thereby radicalizing our conventional notions.”

Married People: Staying together in the age of divorce, Francine Klagsbrun (1986). “Here is a book that will transform your thinking about marriage. Francine Klagsbrun offers insights that can last a lifetime.”

Mediating Child Custody Disputes: A Systematic Guide for Family Therapists, Court Counselors, Attorneys, and Judges, Donald T. Sapsek

Memories, Dreams, Reflections, C.G. Jung, recorded and edited by Aniela Faffé, translated by Richard & Clara Winston

Men Are From Mars, Women Are From Venus: A Practical Guide for Improving Communication and Getting What you Want in Your Relationships, John Gray, Ph.D.

Men Who Hate Women & The Women Who Love Them: When Loving Hurts and You Don’t Know Why, Dr. Susan Forward and Joan Torres

Men Who Rape: The Psychology of the Offender, A. Nicholas Groth

Metaskills: The spiritual art of therapy, Amy Mindell (1995). “Metaskills addresses a level of therapy and life that has not been widely studied. Beyond our interventions in therapy, beyond our day-to-day interactions, lie feeling attitudes – metaskills – which strongly affect what happens in life as well as in therapy.”

Mirrors of the Self: Archetypal images that shape your life, Christine Downing (ed.) (1991). “Drawing upon the theories of C.G. Jung, this definitive collection explores forty-five distinct images from our inner worlds and shows how they interact to support, challenge, betray or complement one another, creating the drama of inner life.”

Moments: Stories About Special Moments In People’s Lives, Canadian Mental Health Association (1995)

The Moral Compass, William J. Bennett (1995). "...the inspiring and instructive companion volume to *The Book of Virtues*..."

The Mother Dance, Harriet Goldhor Lerner (1998). How children change your life.

The Mother: Archetypal image in fairy tales, Sibylle Birhhauser-Oeri (1988)

The Mother/Daughter Plot: Narrative, psychoanalysis, feminism, Marianne Hirsch (1989). "Exploring the reasons for this *feminist* erasure of maternity, Hirsch finds in the novels and essays of Walker and Morrison a way out of Oedipal patterns."

Mother Daughter Revolution: From betrayal to power, E. Debold, M. Wilson, I. Malave (1993)

Motivational Interviewing, William R. Miller, Stephen Rollnick (1991). Preparing people to change addictive behavior.

My Voice Will Go With You: The Teaching Tales of Milton H. Erickson, Milton H. Erickson has been called the most influential hypnotherapist of our time. "He never solved a problem in an old way."

N*narrative Means to Therapeutic Ends*, Michael White, David Epston (1990). "In this therapy narrative forms, particularly letters, documents and certificates, become the means by which the person redefines the relationship with the problem."

The Nature of the Child, Jerome Kagan (1984)

The Nature of Loving: Patterns of human relationship, Verena Kast (1984). "... the author, a Jungian analyst, discusses close interpersonal relationships, their dynamics and depth dimensions as well as their surface problems from the viewpoint of archetypal patterns."

Necessary Losses: The loves, illusions, dependencies and impossible expectations that all of us have to give up in order to grow, Judith Viorst (1986). "... how we grow and change through the losses that are an inevitable and necessary part of life."

A New Approach to Women & Therapy, Miriam Greenspan (1993). How psychotherapy fails women- and what they can do about it.

New Parents Handbook, British Columbia Council for the Family (1980)

Nice Girls Do, Dr. Irene Kassorla (1980). Women's sexuality.

O*bjects in Mirror are Closer than they Appear (Inside Brain Injury)*, Sol Mogerma. Sol tells the story of his accident and recovery from brain injury.

Of Woman Born, Adrienne Rich (1986). Motherhood and experience and institution.

On Becoming a Person, Carl R. Rogers. The classic work on the human potential for growth and creativity by the pre-eminent American psychologist.

On Being a Therapist, Jeffrey A. Kottler. In this book, Kottler offers an in-depth look at the risks, challenges, headaches, and satisfaction of being a therapist.

On Choosing – With a Quiet Mind, Ray H. Woollam. A Zen-like view of work and the workplace.

On Death and Dying, Elisabeth Kubler-Ross (1969). What the dying have to teach doctors, nurses, clergy and their own families.

Once Upon a Midlife: Classical Stories and Mythic Tales to Illuminate the Middle Years, Allan B. Chinen, MD. "These are tales of the surprising twists and turns of life that occur between the

loss of youthful magic and the gaining of elder's wisdom – delightfully told by a wise and witty psychiatrist.”

Organization Development: Behavioral Science Interventions for Organization Improvement, Wendell L. French & Cecil H. Bell, Jr.

Other Lives, Other Selves: A Jungian Psychotherapist Discovers Past Lives, A Firsthand look at the emerging psychology of reincarnation – and the dramatic power of past-life regression radically to transform and heal our lives.

Owl Was a Baker's Daughter: Obesity, Anorexia Nervosa and the Repressed Feminine, Marion Woodman. “This book offers eye-opening insights into the relationship between the individuation process of a woman and the state of her body.”

P.E.T. Parent Effectiveness Training, Dr. Thomas Gordon. The tested new way to raise responsible children

The Passionate Life: Stages of Loving, Sam Keen (1983)

Pathfinders, Gail Sheehy (1981). Overcoming the crises of adult life and finding your own path to well-being.

Peoplemaking, Virginia Satir

Phallos: Sacred image of the masculine, Eugene Monick (1987). “Through close examination of the physical, mythological and psychological manifestations of phallus, the author discovers an autonomous inner god, coequal with the maternal principle as an originating force in the psyche.”

The Pleasures of Psychology: 35 fascinating illuminations of how we think, feel, and act, Daniel Goldman, David Heller (ed.) (1986). “... thirty-five extraordinary essays designed to offer insight into the full spectrum of human behavior.”

Portable Jung, Edited by Joseph Campbell (1971). In making this masterful selection from the vast corpus of Carl Jung's writings, Joseph Campbell has aimed to introduce the elementary terms and themes of analytical psychology; to provide an overall understanding of the scope and direction of Jung's entire work.

Positive Addiction, William Glasser, MD

A Practical Guide to Educational Research, Ward Mitchell Cates

The Pregnant Virgin: A process of psychological transformation, Marion Woodman (1985). “This book is about the struggle to become conscious.... about overcoming addictions.... about becoming free.”

Private Lies, Frank Pittman (1989). Infidelity and the betrayal of intimacy.

Problem-Solving Therapy (Second Edition), Jay Haley (1987). “... Jay Haley focuses on solving human problems, achieving goals, and changing behaviors in reasonable amounts of time.”

Projection and Re-collection in Jungian Psychology: Reflections of the Soul, Marie-Louise von Franz

The Promise of Diversity: Over 40 voices discuss strategies for eliminating discrimination in organizations, Elsie Y. Cross, Judith H. Katz, Frederick A. Miller, Edith W. Seashore (1994). “This collection of insightful articles represents the best and latest thinking on diversity issues by the people who are defining the field.”

Psych Yourself In: Hypnosis and health, Marlene. E. Hunter (1984)

Psychoanalysis and Women, Jean Baker Miller (ed.) (1973). “Eminent psychoanalysts dispel myths and explore realities.”

The Psychoanalytic Years, C.G. Jung (1974)

Psychobiology of Mind-Body Healing: New Concepts of Therapeutic Hypnosis, Ernest Lawrence Rossi

The Psychology of Interpersonal Behaviour, Michael Argyle (1994)

Psychology of Play, Susanna Millar (1968). This is a study of play among children and animals.

Psychotherapists' Sexual Involvement with Clients: Intervention and Prevention HC, Gary Richard Schoener, Jeanette Hofstee Milgrom, John C. Gonsiorek, Ellen T. Luepker, Ray M. Conroe (1989)

Pulse of Life: New Dynamics in Astrology, Dan Rudhyar

Putting Difference to Work, Steve de Shazer (1991). "Here, for the first time in his books, de Shazer takes a break from his strong emphasis on describing 'how to do therapy' ... to place his work and that of his colleagues and the Brief Family Therapy Center within an overall philosophical description."

Q*uantum Healing: Exploring the Frontiers of Mind/Body Medicine*, Deepak Chopra, MD Here is an extraordinary new approach to healing by an extraordinary physician/writer – a book filled with the mystery, wonder, and hope of people who have experienced seemingly miraculous recoveries from cancer and other serious illnesses.

The Ravaged Bridegroom: Masculinity in Women, Marion Woodman (1990). "By radically redefining masculinity in both men and women, [this book] established the foundations not only for a more mature relationship between people, but also for a new harmony with nature."

Real Power: Stages of personal power in organizations, Janet O. Hagbert (1984). "... a dynamic book about power... for forward-looking people and organizations who want to harness their own power for the common good."

Reclaiming the Heart: A handbook of help and hope for survivors of incest, Mary Beth McClure, (1990). "Author Mary Beth McClure is a therapist who has treated more than one hundred incest survivors in private practice. She speaks directly to those who need help, offering the support they need to find their way."

Recovering from Incest: Imagination and the healing process, Evangeline Kane (1989). "Dr. Kane takes us on an imaginal journey through the cultural and psychic dynamics of incest, from the psychology of the offender to the helpless revictimization of the incest victim."

Reflections in the Light: Daily thoughts and affirmations, Shakti Gawain (1988). One year of daily affirmations.

Return of the Goddess, Edward C. Whitmont. "The book is loaded with exceptional psychological insights on the problems of modernity."

Riding the Horse Backwards: Process work in theory and practice, Arnold and Amy Mindell (1992). "... the story of an approach to human pain that is 'still young enough to be exciting and lawless,' wherein death itself might be 'interesting' and all crises can be 'transformed into festivals.' "

The Right To Innocence: Healing the Trauma of Childhood Sexual Abuse, Beverly Engel, M.F.C.C. (1989). A therapeutic 7-step self-help program for men and women, including how to choose a therapist and find a support group.

Road Less Traveled: A New Psychology of Love, Traditional Values and Spiritual Growth, M. Scott Peck, MD Dr. Peck discusses the nature of loving relationships: how to recognize true.

The Road Less Traveled: Parts one, two and three (audiobook on three cassettes), M. Scott. Peck (1986)

S*acrament of Sexuality*, Morton Kelsey, Barbara Kelsey (1986). The spirituality and psychology of sex.

The Sacred Prostitute: Eternal aspect of the feminine, Nancy Qualls-Corbett (1988). “This exhilarating book, solidly based on the psychology of C.G. Jung, powerfully demonstrates how our vitality and capacity for joy depend on restoring the soul of the sacred prostitute to its rightful place in our conscious understanding.

Satir Step by Step: A Guide to Creating Change in Families, Virginia Satir & Michele Baldwin. For the first time we have a description of many of Virginia Satir’s basic concepts and techniques including the Seed Model, Family Reconstruction and Parts Parties.

The Scapegoat Complex: Toward a mythology of shadow and guilt, Sylvia Brinton Perera (1986). “This hard-hitting book examines many aspects of scapegoat psychology as it manifests in modern men and women, with a wealth of examples from the author’s analytic practice.”

The Seasons of a Man’s Life, Daniel J. Levinson. Explores and explains the specific periods of personal development through which all human beings must pass – and which together form a common pattern underlying all human lives.

Second Chance, Syd Banks. An amazing story about endings and beginnings – and the miraculous power of the mind.

The Secret Meaning of Money, Cloe Madanes with Claudio Madanes (1994). How to prevent financial problems from destroying our most intimate relationships.

The Secret Raven: Conflict and transformation in the life of Franz Kafka, Daryl Sharp (1980). “This study focuses on the artistic personality, and in particular on the life and dreams of the writer Franz Kafka.”

Seeing Through the Visible World: Jung, Gnosis, and Chaos, June Singer (1990). “June Singer, blending the insights of a lifetime with her experiences as a Jungian psychoanalyst, takes us on an extraordinary journey of discovery into the invisible world of mind and spirit that lies beyond the tangible.”

Self Discovery The Jungian Way: The Watchword Technnique, Michael Daniels (1992). “Explore your inner psyche! Discover your Jungian psychological type.”

Shame: The Power of Caring, Gershen Kaufman. Probes a neglected dimension of the human experience.

Silent Grief: Living in the wake of suicide, Christopher Lukas, Henry M. Seiden (1990). A survivor and a psychologist offer support and advice for getting past the grief – and moving on.

The Skilled Helper: A problem-management approach to helping, Gerard Egan (1994). “The quintessential book for beginning helpers.”

Solving Problems in Couples and Family Therapy: Techniques and tactics, Robert Sherman, Paul Oresky, Yvonne Rountree (1991). “Designed specifically for easy access, this format-friendly book brings together three highly skilled professionals to address a range of issues likely to be encountered in couples and family therapy.”

Soul Searching, William J. Doherty (1995). Why psychotherapy must promote moral responsibility.

Spirit of Survival, Gail Sheehy (1987)

Starseed Transmissions: An Extraterrestrial Report, Ken Carey

The Story of Jude: A Guide to Rehabilitation Counseling, Sol Mogerma (2004)

Strategic Family Therapy, Cloe Madanes (1981). "Cloe Madanes' model of strategic therapy focuses on the distribution of power within the family."

Struggle for Intimacy, Janet G. Woititz

Suicide and The Soul, James Hillman. From the book "Old oppositions of science versus religion, as in the days of Shaw, or the later one the two cultures, as in the days of Snow, are no longer the real oppositions. The new opposition, the real one in this generation, is between the soul and all that would butcher or purchase it, between analysis and every official position of medicine, theology, and academic psychology that would encroach upon it, between the analyst and everyone else. Suicide is the issue for laying this conflict bare."

Survival Handbook: For the Newly Recovering, Scott Sheperd, Ph.D. In this basic survival guide, Dr. Sheperd leads the newly recovering through the perils of low self-esteem, boredom, loneliness, resentment and depression.

The Survival Papers: Anatomy of a midlife crisis, Daryl Sharp (1988). "Entwining his own story with that of Norman, the analyst narrator brings the reader into the consulting room during a shattering midlife crisis."

The Tactics of Change, Richard Fisch, John H. Weakland, Lynn Segal (1982). Doing therapy briefly.

Tai Chi Ch'uan: The technique of power, Tem Horwitz, Susan Kimmelman with H.H. Lui (1987). "... perhaps one of the most accessible and successful introductions ever written to the Taoist practice of bringing the body into harmony with its surroundings... by way of formalized exercises."

Tales of Enchantment: Goal-oriented Metaphors for Adults and Children in Therapy, Carol H. Lankton and Stephen Lankton. Brings together actual pre-designed stories that the Lanktons and their trainees have told in successful therapy in order to assist clients in their movement toward specific pre-planned goals.

Talking to Children about Nuclear War, William Van Ornum & Mary Wicker Van Ornum

The Ten Commitments – Towards Recovery, Maria Castiglione (2004)

That's not What I Meant! Deborah Tannen (1986). How conversational style makes or breaks relationships.

The Theory and Practice of Group Psychotherapy, Irvin D. Yalom (1975)

Touch of Loneliness, Clark E. Moustakas. A poignant testimonial to the uniqueness of lonely experience – its nature, its beauty, its terror – *The Touch of Loneliness* shows how this condition of human life can be an experience in personal growth, an opportunity to renew awareness and understanding for ourselves and for others as well.

Toward A Psychology of Being, Abraham H. Maslow. Like few contemporary psychologists, Maslow has no answers, no absolutes, which bring the relief of finality. In this second edition there is a constant optimistic trust toward a future based on the intrinsic values of humanity.

Transfer of Learning, An insight book by Van Nostrand, edited by Robert F. Grose & Robert C. Birney (1963)

Transitions: Making Sense of Life's Changes, William Bridges. Strategies for coping with the difficult, painful, and confusing times in your life.

Trauma, Trials, and Transformation: Guiding Sexual Assault Victims through the Legal System and Beyond, Judith Daylen, Wendy van Tongeren Harvey, and Dennis O'Toole (2006)

Treating Type A Behavior – and Your Heart, Meyer Friedman MD, and Diane Ulmer, RN, MS (1984)

The Truth About Addiction and Recovery, Stanton Peele, Ph.D. and Archie Brodsky (1991). Why alcoholism, drug abuse, smoking, over-eating, and other addictions are not diseases. Why 12-step programs are not the only answer. How you can recover without treatment.

Type A Behavior and Your Heart, Meyer Friedman, MD & Ray H. Rosenman, MD (1974)

The Unconscious God, Viktor E. Frankl (1975). "... world famous psychiatrist and founder of logotherapy explores the reality and significance of the concept of God."

Understanding Human Sexual Inadequacy, Fred Belliveau & Lin Richter (1970). Brings reassurance to the great number of people in this country who suffer from sexual dysfunction. Written clearly in nontechnical language, it supplies information which reflects established sexual fact rather than myth or misconception.

Understanding Jung, Understanding Yourself, Peter O'Connor. Discover through this highly readable book that Jung's views provide a full understanding of the concerns and anxieties of today.

Understanding the Twelve Steps, Terence T. Gorski (1989). An interpretation and guide for recovering people.

The Undiscovered Self, C.G. Jung (1958)

The Unheard Cry for Meaning: Psychotherapy and humanism, Viktor E. Frankl, 1985. "In these selected essays, written between (1947) and (1977) Dr. Frankl illustrates the vital importance of the human dimension in psychotherapy."

The Untouched Key, Alice Miller (1990). Tracing childhood trauma in creativity and destructiveness.

Uses and Abuses of Psychology, H.J. Eysenck (1953). A psychologist examines the validity of his science's claim to be of practical use in Human Affairs.

The Uses of Enchantment: The meaning and importance of fairy tales, Bruno Bettelheim (1976). "... a brilliant and moving revelation of the enormous and irreplaceable value of fairy tales – how they educate, support, and liberate the emotions of children."

The Virago Book of Fairy Tales, Angela Carter (ed.) (1990). "... this stunning collection of Angela Carter's met with huge acclaim and success when first published in hardback."

Vital Lies, Simple Truths, Daniel Goleman (1985). The psychology of self-deception.

The Void: A Psychodynamic Investigation of the Relationship between Mind and Space, A.H. Almaas. Introduces us to the space or ground of mind within which mental structures operate.

Walking a Sacred Path, Lauren Artress (1993). The story of the labyrinth at Grace Cathedral.

Warming the Stone Child (audiobook), Clarissa Pinkola Estes (1990). Myths and stories about abandonment and the unmothered child.

The Way of All Women, M. Esther Harding. An exposé of modern woman and the varied roles she plays as daughter, lover, wife, mother, mistress, friend and co-worker.

A Way of Being, Carl R. Rogers. Encompasses the changes that have occurred in Dr. Rogers' life and thought during the decade of the seventies.

Way of the Peaceful Warrior, Dan Millman Based on the true story of Dan Millman, a world champion athlete who journeys into realms of flesh and spirit, romance and terror, light and darkness, laughter and magic

We, Robert A. Johnson (1983). Understanding the psychology of romantic love.

What Did I Do Wrong?: Mothers, Children, Guilt, Lynn Caine. This is a book relevant to all women who have longed to free themselves from the trap of maternal guilt. Practical, sane, optimistic, it is a guide that can truly release women to take the experience of mothering in stride – and to like themselves at last.

What is Psychotherapy?: Contemporary Perspectives, Jeffrey K. Zeig and W. Michael Munion

What Men are Like: The psychology of men, for men and the women who live with them, John A. Sanford, George Lough (1988). "... a popular, non-technical treatment of male psychology from a Jungian perspective."

What to Say When You Talk to Yourself: The Major New Breakthrough to Managing People, Yourself and Success, Shad Helmstetter. Obsoletes current-day motivational methods and myths with a practical, permanent solution of Self-Management and individual achievement.

What Your Doctor May Not Tell You About Menopause: The breakthrough book on natural progesterone, John R. Lee with Virginia Hopkins (1996). "Important information on PMS, Premenopause, and other women's health issues."

When Families Fight: How to handle conflict with those you love, Jeffrey Rubin, Carol Rubin (1989). "[The authors] have learned from their professional practices – and from their experience as parents – that some fights cannot and should not be prevented."

When Girls Feel Fat: Helping girls through adolescence, Sandra Susan Friedman (1997). "... provides parents, teachers and other mentors with practical ways to help girls navigate the difficulties of adolescence, develop a positive self-image and remain true to themselves."

When Society Becomes an Addict, Anne Wilson Schaef

Why Me, Why This, Why Now: A Guide to Answering Life's Toughest Questions, Robin Norwood.

The Wind is my Mother, Bear Heart with Molly Larkin (1996). The life and teachings of a Native American Shaman.

The Wise Wound: Menstruation and everywoman, Penelope Shuttle, Peter Redgrove (1986). "This revised and updated edition contains a completely new chapter reviewing positive developments since the book first appeared and offering practical advice for women who want to get in touch with the hidden energies of their own moon-cycle."

A Woman's Guide to Changing her Man Without his Even Knowing It, Michele Weiner-Davis (1998)

Woman's Mysteries Ancient and Modern, M. Esther Harding (1971). A psychological interpretation of the feminine principle as portrayed in myth, story, and dreams.

Womanspirit Rising: A Feminist Reader in Religion, Edited by Carol P. Christ and Judith Plaskow. Provides a clear overview of contemporary feminist thinking on religion.

Women, Sex, and Addiction, Charlotte Davis Kasl (1989). "Written in the hope that a time will come for all people, that whenever they see a body, they will also see a soul."

Women's Ways of Knowing: The development of self, voice, and mind, Mary Field Belenky, Blythe McVicker Clinchy, Nancy Rule Goldberger, Jill Mattuck Tarule (1986). "Despite the progress of the women's movement, many women still feel silenced in their families and schools. Based on in-depth interviews with 135 women, this moving and insightful book explains why they feel this way."

Women Who Run With The Wolves, Clarissa Pinkola Estes (1992). Myths and stories of the wild woman archetype.

Working Inside Out: Tools for Change, Margo Adair (1984). Applied meditation for intuitive problem solving.

Working With the Dreambody, Arthur Mindell (1989). “What are our diseases trying to tell us? [The author] cultivates the unexpected as he explores new ways of looking at ‘what’s wrong with us.’”

Working With Families of the Poor, Patricia Minuchin, Jorge Colapinto, Salvador Minuchin (1998). “... emphasizes the importance of understanding individual needs within a family framework and considering the family itself within organizational and community contexts.”

Working With Relationship Triangles: The one-two-three of psychotherapy, Philip J. Guerin, Jr., et al (1996). Lays “the groundwork for a shaper and more refined understanding of triangles.”

Working on Yourself Alone: Inner dreambody work, Arnold Mindell (1990). “Arthur Mindell offers new and surprising pathways fro everyone wanting a deeper understanding of themselves and their place in the world.”

You Can Heal Your Life, Louise L. Hay

You Just Don’t Understand! Deborah Tannen (1990). Women and men in conversation.

Your Child from One to Six, (1968) An authoritative guide to your child’s physical, emotional and intellectual development in the most important years of his life.

Your Child’s Self-Esteem: The Key to His Life, Dorothy Corkille Briggs. This new formula shows you how to spell love to a child.

Your Inner Child of the Past, W. Hugh Misildine, MD (1963). A world-renowned classic that shows how to solve adult problems by understanding your inner child of the past.

Booklets

Guided Self-Management Series for Stress-Related Disorders, Malcolm S. Weinstein, Robert F. Conry, E. Joseph Neidhardt

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